

Mindfulness Practice: Enhancing Self-care & Client Outcomes

Elaine K. Hammond, LMSW

Friday, September 29, 2017

9:00 a.m.– 12:00 p.m.

(Sign-in begins at 8:45 a.m. Session begins promptly at 9:00 a.m.)

First Presbyterian Church

(Near the College)

**219 Central Avenue
Fredonia, NY 14063**

Registration Fee: \$50

Persons that can benefit from this training are those living with trauma and addictions, and those who care about and work with them. As a result of this training, participants will come away with a de-mystified understanding of Mindfulness, it's basic neurobiology and practical application to the treatment of addictions, clients living with trauma, its after effects and clinician self care.

***3 hours CPP (Sec. 4) CASAC/CPS Renewal NYS OASAS & PCB Approved**

*Credentialed Alcohol & Substance Abuse Counselor (CASAC) credit hours. Credentialed Prevention Professional (CPP) credit hours. Credentialed Prevention Specialist (CPS) credit hours. This course work is recognized and approved by the Pennsylvania Certification Board (PCB) through reciprocity.

Registration Deadline: September 22, 2017

Return form and \$50 non-refundable registration fee payable to CASAC to:

Chautauqua Alcohol & Substance Abuse Council
501W. Third Street
Suites 3 & 4 Sprinchorn Building
Jamestown, NY 14701

Attn: Kathleen Colby

For more information or questions call Kathleen @ 716-664-3608

Have you attended previous training events provided by the Council? Yes No

September 29, 2017—Mindfulness Practice: Enhancing Self-care & Client Outcomes

Name _____

Address _____

Employer _____

Job Title _____

Phone _____ Fax _____

E-mail _____ Amount enclosed \$ _____

7/18/2017



Chautauqua Alcohol & Substance Abuse Council

Mission Statement:
“...to build a safe and healthy environment by effectively educating the community on positive life choices.

Office Locations:

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