

Explore the HA! In Harmony - The Key to Close Relationships

Tracy Jespersen, Community Educator

Friday, November 3, 2017

9:30 am—11:30 am

(Sign-in begins at 9:15 am. Session begins promptly at 9:30 am.)

Lakewood Baptist Church
150 Erie Street
Lakewood, NY 14750

Registration Fee: \$30

Conflict can trigger strong emotions and can lead to hurt feelings, disappointment, and discomfort. When conflict is handled in unhealthy ways it can cause irreparable rifts, resentments, and break-ups. On the other hand, conflict in relationships gives us the opportunity to grow intimacy. It allows one to learn what the other is passionate about. It reveals our strengths, weaknesses, values, and morals. It grows trust! When conflict is resolved in a healthy way, it can increase our understanding of one another, builds trust, and strengthens our relationship bonds.

Participants will discover the skills required to ensure a healthy conflict, and find a resolution. They will find out the importance of having a sense of humor in establishing intimacy in relationships.

***2 hours CPP (Sec. 3) CASAC/CPS Renewal NYS OASAS & PCB Approved**

*Credentialed Alcohol & Substance Abuse Counselor (CASAC) credit hours.
Credentialed Prevention Professional (CPP) credit hours. Credentialed Prevention Specialist (CPS) credit hours. This course work is recognized and approved by the Pennsylvania Certification Board (PCB) through reciprocity.

Registration Deadline: October 26, 2017



Return form and \$30 non-refundable registration fee payable to CASAC to:

Chautauqua Alcohol & Substance Abuse Council
501 W. Third Street
Suites 3 & 4 Sprinchorn Building
Jamestown, NY 14701

For more information or questions, contact
Kathleen Colby, Director of Training Services
716-664-3608 or email @ kjcolby@casacweb.org

Have you attended previous training events provided by the Council? Yes No

November 3, 2017 Explore the HA! In Harmony—The Key to Close Relationships
-Please Print Clearly-

Name _____ List of staff attending attached _____
Address _____
Employer _____
Job Title _____
Are you a CASAC Member? Yes No * CASAC Membership # _____
Phone _____ Fax _____
E-mail _____ Amount Enclosed \$ _____

***SPECIAL RATES for CASAC Membership Holders.**

Membership # required for verification. Include a list of attendees with your payment.



**Chautauqua Alcohol &
Substance Abuse Council**

**Become a CASAC Member.
The benefits are great . . .**

- **Individual Membership: \$50**
50% off any trainings offered; Access to CASAC DVDs, books and additional resources.
- **Family Membership: \$100**
(4 family members) 50% off any trainings offered; Access to CASAC DVD's, books and additional resources
- **Small Business Membership: \$500**
(20 employees or more) Any employee can receive 50% off any trainings offered; 2 free presentations per year at Your site.
- **Corporate Membership: \$1000**
(21 employees or more) Any employee can receive 50% off any trainings offered; 2 free presentations per year at your site.



Membership dues must be received 30 days prior to a training in order to receive a discount.

JOIN US..... and receive benefits, including opportunities to learn and lead, share issues important to you, your family, your business, and become part of a larger network across Chautauqua County.

Name _____
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State _____ Zip _____
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E-mail _____

Please select an annual membership option:

- Individual Membership \$50
- Family Membership \$100
- Small Business Membership \$500
- Corporate Membership \$1000

Make check payable to CASAC and send along with this slip to the Jamestown Office.
For questions or additional information please call 716-664-3608.

