

**MONDAY****Alanon Club**

511 East 2nd St. Jmstn.  
OD 6:45 am BB/WC  
CD 12:00 Noon WC

**Sherman**

Sherman Community Church  
109 Church Street  
OD 7:00 pm WC

**Chautauqua Lake**

Gloria Dei Lutheran Church  
35 W Fairmount Ave., Lkwd  
NC/OD 7:00 pm  
CD 8:15 pm

**Kidder Memorial Church**

385 S. Main St. Jmstn.  
(corner of Cole Ave.)  
Men's Meeting  
CD 5:30 pm WC

**TUESDAY****Living Sober II**

Gateway Center, door #14  
31 Water St., Jmstn.  
Split speaker/discussion  
OS/OD 12noon WC

**Tuesday, continued****Alanon Club**

511 East 2nd St. Jmstn.  
CS 8:00 pm WC

*last Tuesday, open speaker mtg.*

**Brocton Discussion**

Methodist Church  
Main Street, Brocton  
CD 8:00 pm

**WEDNESDAY****Alanon Club**

511 East 2nd St. Jmstn.  
CD 12:00 Noon WC

**Alanon Club**

511 East 2nd St. Jmstn.  
Women's Meeting  
WO/CD 5:30 pm WC

**Look to This Day**

Relapse Prevention  
First Baptist Church  
358 East 5th St. Jmstn.  
OD 7:00 pm WC

**Alanon Club**

Step Meeting  
511 East 2nd St., Jmstn.  
OD 8:15 pm WC

**THURSDAY****Alanon Club**

511 East 2nd St., Jmstn.  
OD 12 Noon WC

**24 Hour Group**

Christ First United Meth. Ch.  
663 Lakeview Ave., Jmstn.  
(corner of Buffalo St.)  
OD 8:00 pm

**St. Paul's Epic. Group**

St. Paul's Epic. Church  
99 S. Erie St., Mayville  
OD 8:00 pm

**FRIDAY****Alanon Club**

511 East 2nd St., Jmstn.  
CD 12 Noon WC  
CD 8:00 pm WC

**Young at Heart**

Fluvanna Com. Church  
3363 Fluv. Ave. Ext. Jmstn.  
*last Friday, open speaker mtg.*  
OD 6:30 pm WC

**SATURDAY****Living Sober I**

Gateway Center, Door #14  
31 Water St., Jmstn.  
OD 10:00 am WC

**Alanon Club**

511 East 2nd St., Jmstn.  
OD 12 Noon BB/WC  
OD 8:00 pm WC

**Chautauqua Lake**

Gloria Dei Lutheran Church  
35 W Fairmount Ave., Lkwd  
OS 8:00 pm WC

**SUNDAY****Alanon Club**

511 East 2nd St., Jmstn.  
OD 11:00 am WC  
OS 8:00 pm WC

**ALANON MEETINGS****Monday****Alanon Club**

511 East 2nd St., Jmstn.  
CD 7:00 pm WC

**Tuesday****Alanon Club**

511 East 2nd St., Jmstn.  
OD 12 Noon WC

**Bemus Point United****Methodist Church**

4954 Bemus-Ellery Rd.  
OD 7:00 pm WC

**Thursday****Alanon Club**

511 East 2nd St., Jmstn.  
CD 8:00 pm WC

**CODES**

O: Open  
BB: Big Book Study  
PM: Prayer & Meditation  
NC: Newcomers  
WC: Women's Meeting  
CD: Closed Discussion  
OD: Open Discussion  
CS: Closed Speaker  
OS: Open Speaker  
WC: Wheel Chair  
Accessible

**YOU'RE NOT ALONE****Phone Numbers****MEETING SCHEDULE****Southern Chautauqua Cour****District 19**

District Meetings  
are held on the  
1st Tuesday of the month  
at the  
Alanon Club  
511 East 2nd Street  
Jamestown, NY  
at 6:30 pm

District 19 (Area 50)  
P.O. Box 203  
Lakewood, NY 14750

Hotline: 716-488-2233